



EMERGENCY EVACUATION & SAFETY PLANNING CAREGIVER PORTION

- ❖ Norwood Area: (781) 769-8674, 1-800-529-5077
- ❖ Springfield Area: Serving Hampden, Longmeadow, East Longmeadow, Wilbraham- 24 hours / 7 days, (413) 733-6661
- ❖ Stoneham Area: (617) 979-7028
- ❖ Westfield Area: Serving Southern Madison County, Agawam, Blandford, Chester, Granville, Huntington, Montgomery, Russell, Springfield, Southwick, Tolland, 24 hours / 7 days (413) 568-6386
- ❖ Parental Stress Hotline: 24 Hours, 7 Days. 1-800-632-8188
- ❖ National Runaway Switchboard: 24 Hours, 7 Days.- 1-800-621-4000
- ❖ Poison Control and Prevention Services for Massachusetts: (800) 682-9211
- ❖ Veterans Crisis Line: 1-800-273-8253

HOME SITE PREPAREDNESS AND FLOOR PLAN BY RED CROSS

- Install a smoke alarm on every level of your home and outside of sleeping areas.
- Test smoke alarm batteries every month and change them at least once a year.
- Make sure everyone in your family knows at least two ways to escape from every room of your home.
- Practice your fire escape plan at least twice a year. Designate a meeting spot outside and a safe distance from your home. Make sure all family members know the meeting spot.
- Have your family practice escaping from your home, practicing low crawling and at different times of the day. Make sure everyone knows how to call 9-1-1.
- Consider escape ladders for sleeping areas on the second or third floor. Make sure everyone in your home learns how to use them ahead of time by reading the manufacturer's instructions and understanding the steps to use them. Store them near the window where they will be used.
- Teach your family to stop, drop to the ground, and roll if their clothes catch on fire. Practice this with your children.
- Once you get out of your home, stay out under all circumstances, until a fire official gives you permission to go back inside.
- Never open doors that are warm to the touch.
- If smoke, heat, or flames block your exit routes, stay in the room with the door closed. If possible, place a towel under the door and call the fire department to alert them to your location in the home. Go to the window and signal for help waving a bright-colored cloth or a flashlight. Do not break the window but open it from the top and bottom.



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METHODS TO NOTIFY POLICE, FIRE, EMERGENCY PERSONNEL, FAMILIES OR LEGAL GAURDIAN

- Call **9-1-1** for needed immediate assistance from police, fire, or emergency medical services.
- Call **2-1-1** for information about emergency shelters, transportation restrictions, or to ask any other questions about emergency evacuations.
- Notify the member's case manger of the emergency within 24 hours

CONTINUITY OF SERVICES AND SUPPORTS

- In emergencies where a temporary shelter arrangement may be necessary, contact the identified alternate caregiver or the local Red Cross for assistance with temporary relocation and other emergency services.

For Central Massachusetts: Central Massachusetts Chapter

2000 Century Drive

Worcester, MA 01606
Phone: 508-595-3700
- TOP AID HEALTHCARE will work promptly and diligently to arrange for the relocation of persons served to MassHealth-participating AFC providers or, if appropriate, to alternative community-service providers (for example, adult day health, visiting nurse services, therapy services, services provided by DDS, DMH, and MRC, or counseling services).

Massachusetts Emergency Services

Weather and Disasters

- ◆ Massachusetts Emergency Management Agency (MEMA) (508-820-2000)
- ◆ American Red Cross (800-564-1234) 24 hours a day, 7 days a week
- ◆ MASS 2-1-1

Housing and Shelters

- ◆ Executive Office of Housing and Urban Development (617-573-1106)
- ◆ Massachusetts Homeless Shelter Directory (2-1-1)

Caregiver Signature: _____

Date: _____

Top Aid Healthcare, INC
51 Union Street Suite 204 Worcester MA, 01608
P: 508-343-8555 F: 508-519-0353